

PRÊT. À PARTIR

COUP DE COEUR

BAS-SAINT-LAURENT

Saint-Germain-de-Kamouraska



Kamouraska Islands
Photo : Patric Nadeau

CABOURON CIRCUIT

1 DAY — 8.5 KM

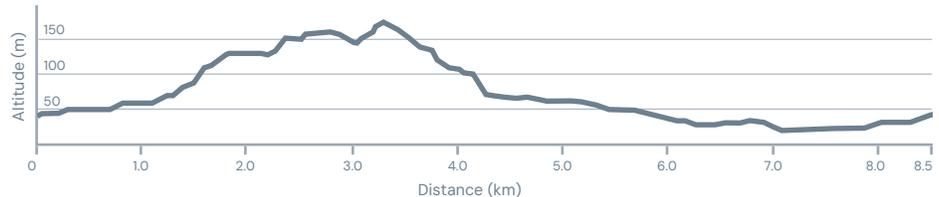
DIFFICULTY INTERMEDIATE

ELEVATION ↗ 198 M ↘ 198 M

ROUTE TYPE LOOP

WAYMARKING BLUE AND YELLOW, RED

DURATION 4 H



DESCRIPTION

This 8.5 km loop offers numerous views of the region's characteristic landscapes. The route begins at the west entrance of the Cabouron Trail and climbs steadily to a first lookout about 2 km in. In this rocky area, you can admire a stand of jack pines nearly 75 years old, their slow growth on exposed rock giving them shapes reminiscent of bonsai trees. The trail then remains on higher ground, revealing sweeping panoramas over the fields, tidal flats, and the St. Lawrence River before beginning its descent around kilometre 3.5. The return follows the rang du Mississippi, completing this remarkable winter hike.

Snowshoes, crampons, and poles strongly recommended.

ESSENTIAL INFORMATION

Trail Access Fee: free

Best Time to Visit: year-round

Services: a gourmet café is open on weekends from April to December. Toilet facilities on site (west entrance).

Pets: leashed dogs allowed

PARKING AND TRAILS ACCESS

The trailhead and parking are located at the west entrance, opposite 429 rue Principale in Saint-Germain-de-Kamouraska.

Coordinates: 📍 N47.5847, W69.7927

Parking Capacity: 16

During busy periods, additional parking is available in the village centre and at the trail's east entrance, located at 285 rang Mississippi.

CONTACT

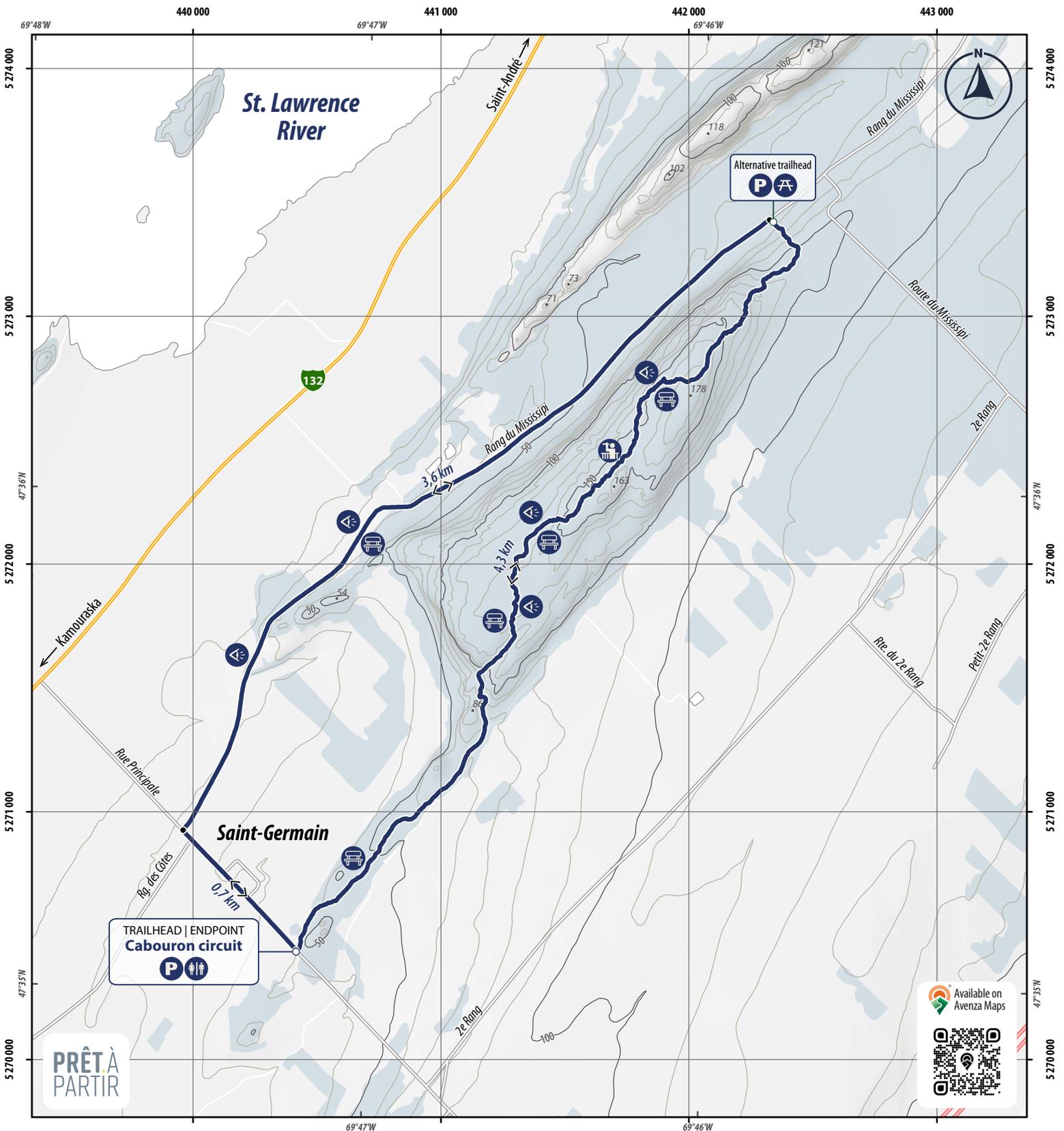
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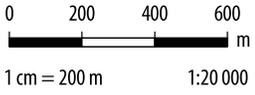


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Available on Avenza Maps



Cabouron circuit



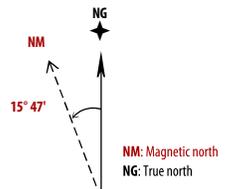
- Topography***
- Spot heights
 - Major contour line
 - Intermediate contour line
- Hydrography**
- River, stream, lake, pond

- Natural features**
- Woods
 - Distance between two points

- Bench
- Picnic area
- Lookout
- Toilet
- Parking
- Viewpoint

This map incorporates information from government sources. For presentation purposes, some data may have been modified, which may have altered the original data.

Data sources:
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Use the diagram only to obtain numerical values.

APPROXIMATE MEAN VARIATION AT THE CENTER OF THE MAP IN 2024
 Annual change of 0° 8' E

Geodetic reference datum: **NAD 83**
 Map projection: **UTM Zone 19**

* Contour interval: 10m